PROMOTING EDUCATION FOR ECONOMIC GROWTH



Yanzing lives in Thangbe with her family and spends the winter in Kathmandu

"My parents died when I was very young, so I had to work in someone's home as a domestic servant for more than 20 years, so I never got an education and never learned to read." ${\it Photos\ by\ Jacob\ Kasell,\ Health\ Policy\ Project,\ RTI\ International}$

Education and family planning are key to attaining Nepal's goal of sustaining economic growth and reaching middle-income status. With strategic investments and policies, Nepal could achieve the demographic dividend, the accelerated economic growth that begins with a change in population age structure. Combined investments in economic, education, and family planning programs would increase gross domestic product (GDP) per capita by 21 percent more (US\$640 per person) than economic-focused investments alone and push Nepal into middle-income status by 2035 (DemDiv, 2015). Given previous declines in fertility that have led to a larger working-age population, the window of opportunity has already opened for Nepal, but achieving a dividend is not automatic.

Nepal has recently made substantial progress in improving educational attainment. In previous generations, access to education was limited. However, children entering school today are expected to complete an average of 12 years of education, reflecting the potential for higher human capital in the future.



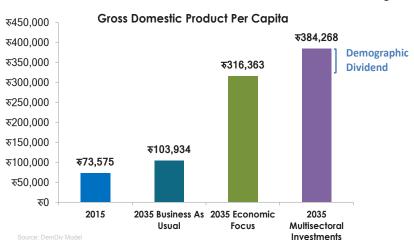
2.25
average years of education for adult women

years of education are expected for children entering school today

Source: Barro & Lee, 2014; UNESCO, 2015

Education and Family Planning

Education is important for many reasons, such as economic empowerment and better health and well-being. Investing in and encouraging education for girls and boys from



marginalized groups, as well as preventing early marriage and childbearing through the use of family planning, will protect the health of mothers and children and enable young women to maximize their social and economic opportunities and contributions. Investing in girls' education will lead to a more productive workforce that can contribute to nation building.

Education also affects the health of women and their families, as better educated women are more empowered to seek the services they need, including family planning. Poor women face significant inequities in education, which limits their livelihood options. Family planning allows women and couples to manage their reproductive health and choose the family size that is right for them.







Such control helps women decide to participate more fully in the workforce, and parents can invest in better food and housing for their families and education for their children. It is particularly important for poor women, who have the lowest contraceptive prevalence rate in the country (40.4%) and the highest unmet need for family planning (31.1%) (Nepal DHS, 2011).

Attaining a Secondary Education 16.5% women in lowest wealth quintile Source: Nepal DHS, 2011



Call to Action

To capitalize on the window of opportunity for the demographic dividend—which can accelerate economic growth—and improve economic opportunities for and well-being of the poor, the government of Nepal should

- Invest simultaneously across the health, education, and economic sectors to maximize the potential demographic dividend
- Increase investment in improvements to school facilities
- Implement the Consolidated Equity Strategy for the Education Sector to increase enrollment in line with the School Sector Reform plan
- Recruit, train, and support teachers to improve the quality of education for all students

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